



Whether ConnectEd or the Warm Hand Off program or any of its other support programs, MVP Recovery is available 24 hours a day year-round at 215-MVP-2410 687-2410 at the first location, above, and the new location in Upper Darby. **KATHLEEN E. CAREY — DAILY TIMES**

Mental health stabilization center opens

By Kathleen E. Carey
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A mental health stabilization center opened Thursday in Upper Darby at 25 Garrett Road to serve the mental wellness needs of the community.

Operated by MVP Recovery, this is the second STAR Center in Delaware County.

The first was opened at Providence Avenue and 22nd Street in Chester two years ago. In its first month, 15 people came through their doors.

STAR stands for stabilization, triage, assessment and referral. It provides support and connection to resources whether or not the client has substance abuse issues.

At the behavioral health access center, clients are given immediate access, assessment and connection with medical, psychiatric, clinical and peer support all in one location.

The team includes psychiatrists and psychiatric providers, trained nurses, clinical professionals, certified recov-

ery specialists, peer support and care navigation staff who all support substance use disorders, mild-to-moderate mental health concerns and medication and treatment connections.

Someone who comes to the center may receive a medical and psychiatric evaluation, a clinical assessment plus connection to care.

They also are able to provide bridge medication for opioid use disorder and mental health treatment.

In addition to helping those in need of mental wellness support, STAR staff do provide guidance for families and loved ones in helping someone find behavioral health care.

The center in Upper Darby is open 8 a.m. to 8 p.m. Monday through Friday.

However, services are available 24 hours a day, seven days a week, through the MVP hotline at 855-MVP-2410 (855-687-2410).

More information is available by visiting MVP Recovery's website at mvprecovery.org.